

# PSHE Jigsaw Curriculum Overview — Year 1

Omitted from the scheme are the following units: 'Changing Me' & 'Relationships'

## Relationships

I can identify the members of my family and understand that there are lots of different types of families

I can identify what being a good friend means to me

I know appropriate ways of physical contact to greet my friends and know which ways I prefer

I know who can help me in my school community

I can recognise my qualities as person and a friend

I can tell you why I appreciate someone who is special to me

## Changing Me

I am starting to understand the life cycles of animals and humans

I can tell you some things about me that have changed and some things about me that have stayed the same

I understand that every time I learn something new I change a little bit

I can tell you about changes that have happened in my life

Our role as educators is to teach respect, tolerance and equality for all, in line with the Equality Act 2010.