

# PSHE Jigsaw Curriculum Overview — Year 3

Omitted from the scheme are the following units: 'Changing Me' & 'Relationships'

## Relationships

I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females

I can identify and put into practice some of the skills of friendship eg. Taking turns, being a good listener

I know and can use some strategies for keeping myself safe

I can explain how some of the actions and work of people around the world help and influence my life

I understand how my needs and rights are shared by children around the world and can identify how our lives may be different.

I know how to express my appreciation to my friends and family

## Changing Me

I understand that in animals and humans lots of changes happen between being a baby and growing up, and that usually it is the female who has the baby

I understand how babies grow and develop in the mother's tummy

I understand what a baby needs to live and grow

I understand that boys' and girls' bodies need to change physically and this is a growing up process

I can start to recognise stereotypical ideas I might have about parenting and family roles

I can identify what I am looking forward to when I am in Year 4